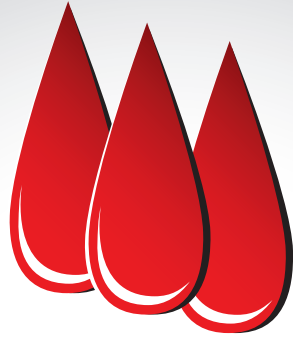




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**3 LIVES  
BLOOD DRIVES**



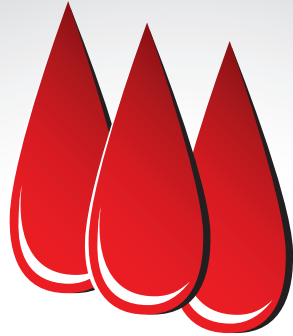
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## **3 FACTS\***

- 1.** ONE pint of blood may save up to THREE lives.
- 2.** Someone needs blood every two seconds.
- 3.** Sickle cell disease is an inherited disease that affects more than 80,000 people in the United States, 98 percent of whom are African American. Many patients with severe sickle cell disease receive blood transfusions every month.

\*[www.AmericasBlood.org](http://www.AmericasBlood.org)



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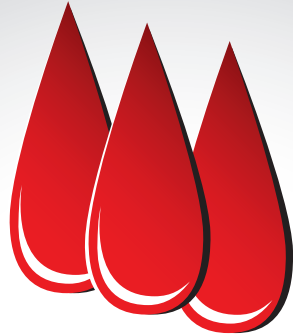
# WHAT IS SICKLE CELL ANEMIA?\*

**Sickle cell disease is an inherited blood disorder that affects red blood cells.** People with sickle cell disease have red blood cells that contain mostly hemoglobin\* S, an abnormal type of hemoglobin. Sometimes these red blood cells become sickle-shaped (crescent shaped) and have difficulty passing through small blood vessels.

When sickle-shaped cells block small blood vessels, less blood can reach that part of the body. Tissue that does not receive a normal blood flow eventually becomes damaged. This is what causes the complications of sickle cell disease.

**There is currently no universal cure for sickle cell disease.**

\*[www.SickleCellDisease.org](http://www.SickleCellDisease.org)



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# HOW CAN YOU HELP SAVE 3 LIVES?

## **Blood Donation**

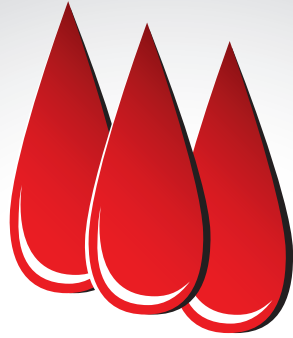
Donate during a Remington College blood drive.

Encourage others to donate during a Remington College blood drive.

## **Unable to Donate?**

Hang up the posters that you can download at [http://community.remingtoncollege.edu/3\\_lives/diy\\_kit.php](http://community.remingtoncollege.edu/3_lives/diy_kit.php)

Pass out the flyers that you can download at [http://community.remingtoncollege.edu/3\\_lives/diy\\_kit.php](http://community.remingtoncollege.edu/3_lives/diy_kit.php)



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# DONATION FACTS\*

1. Healthy adults who are at least 17 years old, and at least 110 pounds may donate about a pint of blood.
2. The most common form of donation - every 56 days, or every two months.
3. Females receive 53 percent of blood transfusions; males receive 47 percent.
4. Four main red blood cell types: A, B, AB and O.
5. Each can be positive or negative for the Rh factor.
6. AB is the universal recipient; O negative is the universal donor of red blood cells.
7. Thirteen tests (11 for infectious diseases) are performed on each unit of donated blood.
8. Four easy steps to donate blood: medical history, quick physical, donation and snacks.
9. The actual blood donation usually takes about 10 minutes.
10. The entire process - from the time you sign in to the time you leave - takes about an hour.

\*[www.AmericasBlood.org](http://www.AmericasBlood.org)